

# Athletic Trainers are **ESSENTIAL** to **HEALTH CARE.**

ATs promote healthy lifestyle behaviors through education and communication to enhance wellness and minimize the risk of injury and illness.



ATs implement systematic, evidence-based examinations and assessments to formulate valid clinical diagnoses and determine patients' plan of care.



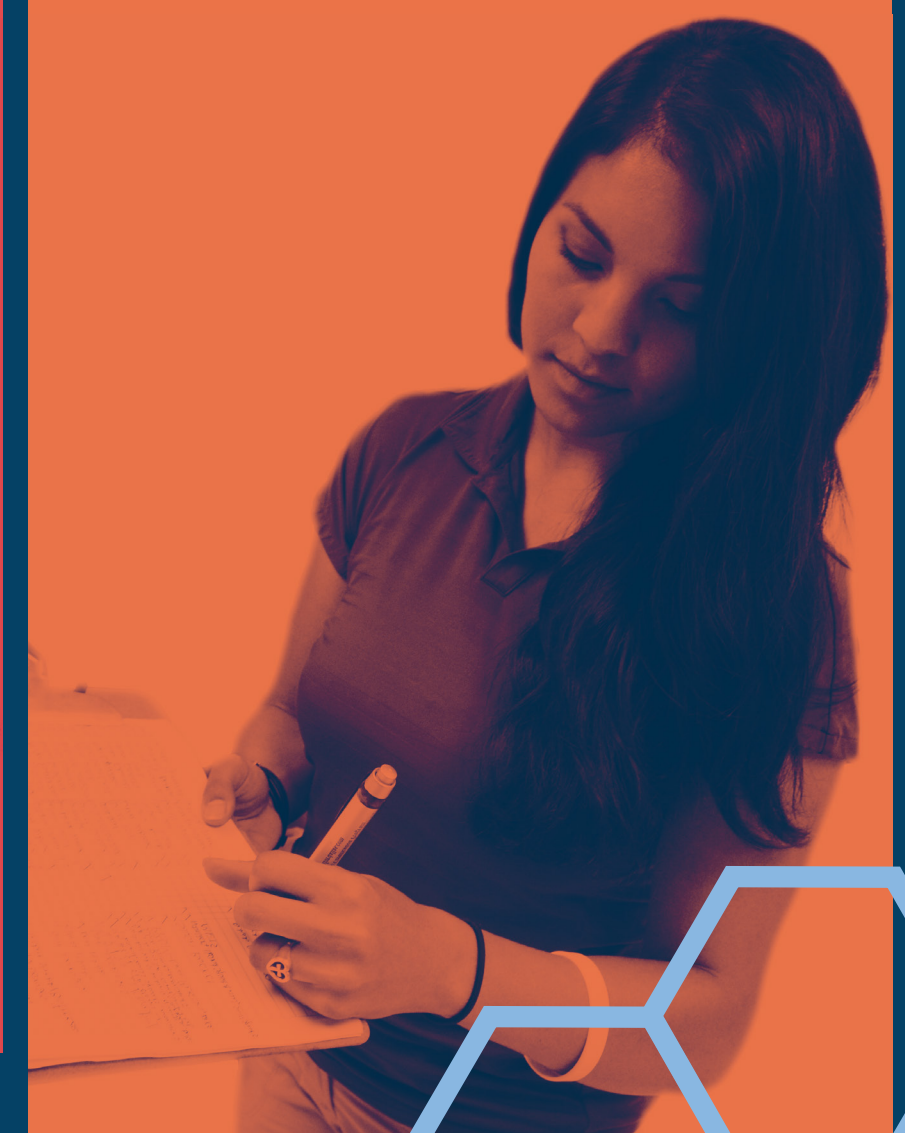
ATs integrate best practices in immediate and emergency care for optimal outcomes.



ATs rehabilitate injuries, illnesses and general medical conditions with the goal of achieving optimal activity level using the applications of therapeutic exercise, modality devices and manual techniques.



ATs integrate best practices in policy construction and implementation, documentation and basic business practices to promote optimal patient care and employee well-being.



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 HEALTH CARE**



MARCH 2021 • [nata.org/natm](http://nata.org/natm)