



**safe sports school**  
NATIONAL ATHLETIC TRAINERS' ASSOCIATION

## Do you have a safe sports school?

**Take this quick quiz to see if your school could qualify to receive a Safe Sports School Award**

Keep track of how many questions you answer “Yes” or “No” and check your results at the end.

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1. Does your school have venue-specific emergency action plans in place and rehearse them yearly?

Yes                      No

2. Does your school provide/coordinate pre-participation physicals and require all students that each student has a pre-participation examination before participating in sports?

Yes                      No

3. Do you keep the athlete’s parents informed of the athlete’s potential benefits and risks of participating in sports, as well as safety precautions?

Yes                      No

4. Is your athletic equipment properly maintained, and fitted properly to the individuals wearing it?

Yes                      No

5. Do you have a permanent and equipped area to evaluate and treat injured athletes?

Yes                      No

6. Has your school developed injury and illness prevention strategies, including protocols for environmental conditions?

Yes                      No

7. Does your school have an athletic health care team in place and do they have the knowledge of AED and CPR care?

Yes                      No

8. Does your school provide/facilitate psychosocial consultation and nutritional counseling education?

Yes                      No

9. Does your school provide safe and appropriate practice and competition facilities?

Yes                      No

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If you answered “yes” to 7 or more questions – your school is an ideal school to apply for the award.

[Apply](#) now!

If you answered “no” to 4 or more questions – Your school is on its way to becoming safer for your student athletes. Read the [application](#) checklist for ideas on more safety precautions your school needs to take!